

The Diversity & Distinction of Our Cultures!

Sheraton Universal Hotel

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ALLIANCE OF JAMAICAN & AMERICAN HUMANITARIANS

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WITH THE UNDERSERVED INDIVIDUALS AND
FAMILIES OF LOS ANGELES







Making a difference. Saving lives.



Benefitting the Alliance of Jamaican and American Humanitarians

Community Outreach, Medical & Education Mission

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Vision Statement

The Alliance of Jamaican and American Humanitarians strives to improve and enhance health, education and social well being of the people served throughout our local communities and the Caribbean.

One by One, we link together reaching out to help one another.

AOJAH, make a change and a difference.

AOJAH, live our lives through persistence.

AOJAH, AOJAH, AOJAH,

We're here for you.



Nelcome from the President

On behalf of our Board of Directors and our entire membership of AOJAH, it is my honor and privilege to welcome you to AOJAH's 8th Annual Fundraising Gala and genuinely

thank you for being here and supporting our efforts. Special appreciation to all that have travelled across many states to get here.

AOJAH is a charitable, non-profit member and volunteer supported organization which is inclusive and accessible and dedicated to serving the less fortunate. Two areas that truly underscore our commitment to the underserved are the dedicated board and volunteer team that we have built. We are always searching for ways to enhance our work.

Our theme tonight is "Celebrating the Diversity & Distinction of Our cultures". Culture is described as the customs, arts, social institutions and achievements of a particular nation, people or other social group. Tonight we celebrate our cultural diversity and distinctions that make us unique and interesting and I ask that we continue to show tolerance, understanding and respect of each other. Hope that you have visited our Silent Auction and enjoyed the displays depicting many of the cultures that are a part of AOJAH through the Board, our members, our volunteers, you our supporters and the people we serve.

Tonight we come together to support and celebrate our collective achievements of 2018. I am proud to highlight a few:

We continue to support our low income and homeless population through our annual health and wellness event in the skid row area by providing eye exams, medical & nursing screenings, hygiene bags and scrumptious hot meals. We have awarded 4 four year 3 President

local scholarships to needy students. With much planning and coordination, we conducted our 8th medical, eve and education mission to Jamaica. This continues to be a multifaceted endeavor which have made a difference in many lives.

Our video presentation reflects all the work accomplished through your support, our committed volunteers and members and a dedicated and passionate Board of Directors.

We must never forget the humble beginnings that many of us came from and that should inspire us to lift others higher toward success. We have the means, ability and understanding to make a difference. Many of you have made the choice to do something to help, giving hope to many people, which truly brings out the best in us as human beings, and for that I am truly grateful. We must always ask ourselves "What will Our Legacy Be"?

I want to take this opportunity to thank you our supporters, our generous sponsors, our members and Board of Directors and their supportive families. I invite all of you to support our philanthropic endeavor in making the less fortunate see a visible improvement and restoring hope in their lives. Congratulations to our 2018 Honorees!

I will continue to strive to make AOJAH's work the best it can be. We look forward to 2019, staying the course and living up to our vision and realize our mission. The funds raised tonight will continue to support our goals. I want to say once more on behalf of our Board of Directors and our membership, welcome and enjoy a wonderful fulfilling and entertaining evening, while supporting this worthy cause.

Thank you again for your support and generosity.

Joan Crawford-McDonald

Dinner Menu

Crème of Tomato Bisque Soup, Served en Croute Fresh Baked Rolls & Butter

Entrée

Garlic Rubbed Statler Breast of Chicken, Wild & Chanterelle Mushroom Demi-glace, Fried Onions

Parmesan Potatoes, Fresh Baby Carrots and Fire Roasted Asparagus or

Herb Crusted Fillet of salmon, Roasted Corn Sauce Parmesan Potatoes, Fresh Baby Carrots and Fire Roasted Asparagus or

Vegetarian Entrée

Portobello Mushroom Ravioli

Dessert

Wild Berry Dessert Taco Brewed Coffee, Decaffeinated Coffee, Organic Tea & Iced Tea

Evening's Program

6:00 – 7:30 pm – Cocktails & Silent Auction 6:00 – 9:30 pm – Silent Auction

8:00 pm - Welcome

Mr. Maxwell Sinclair, Vice President
Master of Ceremonies – Mr. Maxwell Sinclair

Invocation– Dr. Gregory Saccone

Dinner served

President's Address

Mrs. Joan Crawford-McDonald
AOJAH's Video Presentation "Lasting Impresssions"
Greetings from Jamaica, Dr. Ian Titus – Mr. Maxwell Sinclair
Scholarship Recipients Recognition – Mrs. Rosemary Wilson
Honoree – Dr. Jeffrey Brettler – Mrs. Joan Crawford-McDonald
Honoree – Virginia Zeitjian – Mrs. Gloria Blackburn

Live Auction

Melia Braco Village, Jamaica

Entertainment

Cover 2 Cover Band & Deejay Sherwin Ruste

Dancing – Door Prizes Grand Raffle Drawing

1st prize Secrets Wild Orchid, Montego Bay, 4days/3nights for 2, Jamaica

50% Tax Deductible

Honorees

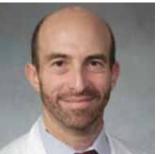
Dr. Jeffrey Brettler

grew up in Southern California and received his medical degree from the University of Chicago Pritzker School of Medicine and did his Internal Medicine training at Harbor-UCLA. Jeff has been practicing for over 25 years as a board certified Internist at the Kaiser Permanente West Los Angeles Medical Center where he currently serves as the Assistant Medical Director. Jeff also

serves as Southern California Kaiser Permanente regional Hypertension physician leader.

Dr. Brettler is an author for the British American Journal which is a weekly peer review medical journal and one of the world's oldest general medical Journals. He writes for them often by providing updates on the latest JNC8 guidelines on hypertension. He also has recorded podcast for the British American Journal.

Dr. Brettler is no stranger to volunteer work. He travels to Honduras every spring to volunteer on medical missions. In 2005, Jeff felt strongly about traveling to New Orleans when Hurricane Trarina hit, he couldn't sit at home knowing he could contribute and assist with the public health crisis. He jumped on a plane and navigated his way to the American Cross to deliver care to the needy during this disaster. Jeff volunteers monthly at the THE (To Help Everyone) clinic on Western Avenue, this clinic has been improving the wellbeing of underserved communities in Los Angeles by providing access to healthcare and preventative education for all, regardless of



ability to pay. Jeff is bilingual which comes in extremely beneficial during his work in the local community.

Dr. Brettler joined the AOJAH team nine years ago and began volunteering his time caring for the underserved. Being the hypertension expert, Jeff has lectured during AO-JAH's yearly medical seminar for several years, during his talk you can see

the interest in the research and new updated Hypertension therapies that he presents to the medical and nursing staff.

As a matter of fact Jeff has a regular clinic in an area called Queenshythe in St. Ann. He looks forward to seeing his patients yearly and they look forward to seeing him, especially one patient who has a hole in her heart and congestive heart failure and cannot afford surgery. This patient has been thriving due Dr. Brettler's medical care, without certain medicines she would not survive and Jeff has made every effort to assure her medicines are obtained for her yearly and provides the year's supply. She and her family are extremely grateful to Dr. Brettler.

Jeff maintains a plant based diet and on the mission he is always sympathetic to the goats, he once said he sees the goat going by on a rope in early morning coming back on the lunch plate by midday!

Jeff describes himself as an exercise enthusiast, I would describe him as an exercise fanatic. He

is passionate about running, especially when it comes to ultra-running which is a race of any distance over 26.2 miles. He has completed 10, 100 mile races, including Western States Endurance Run. This race takes place on trails in California's Sierra Nevada Mountains and you must run another 100 miler to be granted entry. The terrain is extremely rugged, runners ascend a cumulative total of 18,090 feet and descent a total of 22,970 feet on these mountain trails and must finish the 100 miles in 30 hours.

Jeff is often concerned with the needs of others than his own. Jeff and his wife Kim ran the Boston marathon together in 2013 when the double bombings occurred near the finish line. They finished the marathon just minutes before the first bomb. While Kim was trying to convince Jeff they needed to evacuate the area, Jeff sacrificed his own safety at the expense of assisting other injured runners. When the second bomb





exploded, Jeff was assisting an injured runner into a wheelchair and then it became apparent the bombs bloodied the finish line and police officers and first responders started closing the course. Another example, of how Jeff is always giving to others!

Jeff is a man of integrity, always believe in doing the right thing. He is disciplined and well respected. He is the Doctor's doctor, many physicians seek him out to be their doctor.

Jeff is married to Kim Alexander who he met on a blind date, as you can guess by now, Kim, had to become a runner just to get to talk to Jeff! They both have two beautiful daughters, Danielle & Lauren. Jeff, Kim and their daughters all come to Jamaica and volunteer on the mission. He is a diehard Laker and Rams fan!

The Alliance of Jamaican & American Humanitarians congratulate Dr. Jeffrey Brettler and honor him for his dedication and passion for serving.

Honorees

Virginia Zeitjian

was born in Canada and has been in California over 34 years. She has also lived in Detroit and Seattle. She received her pharmacy degree from Wayne State University in Detroit and has served as a pharmacist for over 34 years working most of those years at Good Samaritan Hospital in Los Angeles.

Virginia is the consummate volunteer, she joined the AOJAH group as a member and began volunteering with the Medical Mission to Jamaica 5 years ago. She is one of the

first volunteer to respond regarding going on the mission and lends her time to sort medication and supplies prior to going on the mission. She also reaches out to see what is needed and donates her time & funds to obtain pharmacy supplies for the mission. During the medical mission, Virginia works tirelessly on her feet the entire day, filling prescriptions and educating the patients with such compassion and endless energy! She has been a stable force and serves with great enthusiasm.

Virginia is also committed to the local community, where she volunteers with AOJAH for the homeless in the Skid row downtown area. She can be seen tossing the salad or assisting with the workflow. Virginia is extremely busy, but, she makes volunteering a priority.

Virginia is dedicated to everything she does and always gives 100%. Her passion for people draws



her towards any need...... at a drop of a hat she would be at your doorstep offering her time, support, and love. She believes that there is always a positive side to everything and is never judgmental. She has many interests – loves to read, attend theater, cooking, traveling, hosting and entertaining others.

Virginia loves photos and often takes many pictures. She is, however, very picky about the background and surroundings of the

photo, taking extra time and effort to rearrange furniture and people until it is just right. Once while entertaining during a holiday season, her guests were gathered around a full buffet of home-made food waiting to be eaten. She had everyone salivating while she made the perfect background for the picture. Her friends and family laugh and remember that get together!

Virginia is married for 30 years to her husband Sarkis and has two sons, Vicken and Armen. Vicken is a resident specializing in Cardiology and Armen is in his second year of medical school. She is an amazing mother who has brought up her sons with values, morals, and ethics. Virginia has strong faith and believes in prayer.

The Alliance of Jamaican and American Humanitarians congratulate Virginia Zeitjian for her unwavering commitment and dedication to underserved communities.

Scholarship Award Recipients

Local Scholarships

• 4 (four year) scholarships in the amount of \$1,000 yearly awarded to:

Ivy Cohen - Legacy High School Fatima Escareno - Diego Rivera Learning Complex Charles Jones - Diego Rivera Learning Complex Rosangela Lopez - Perris High School

Jamaica Scholarships

• Calabar High School Scholarship Recipient, Olanzo Lamey, continues on advanced levels. Scholarship amount- US \$1,500 yearly.

HEART Trust School of Hospitality

• 5 Scholarships awarded for a total US\$2,900.

Mizani Miller Jonelle Fletcher Abigail James Damion Williams Jellene Jordon















AOJAH















13



Education Mission in Jamaica

2018 Education Mission conducted in St. Ann

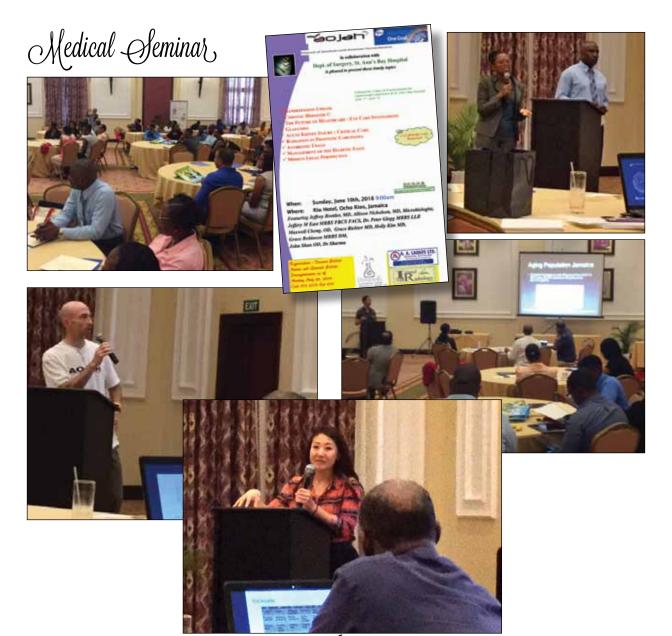
- Basic Schools Visited; Mansfield, Windsor, Salvation Army, Free Hill, Golden Grove, Hollywood, Pats Learning Centre
- Visited the 10 boys in the HEART Program's "The Children of our Village" and HEART college of Hospitality.

HEART Trust College of Hospitality

Awarded 5 scholarships for a total of US \$2,900.00









Clinics Visited:

- Walkerswood
- Lime Hall
- Queenhythe
- Blackstonage
- Old Harbour
- Murray Mountain
- Watt Town
- Madras
- Riu Hotel Staff

1,854 Patients seen Patients provided with one year's supply of chronic medications











Pediatrics/Nicu Mission

Pediatric Emergentologist, Dr. Janet Semple-Hess & Registered Nurse Educator, Dolores Greenwood taught S. Ann's Bay Regional Hospital clinical staff:

• Neonatal Resuscitation 2 day program to 60 attendees of Physicians and registered nurses.

• Pediatric Advanced Life Support to 40 Emergency Room Physicians, EMTs & Registered Nurses.

• EPOC Machine donated 2017, training continuedrapid, point-of-care laboratory analysis, allowing timely adjustment in the care of critically

ill newborns and children.









Eyes

- 53 Cataract Surgeries Performed
- 14 Glaucoma Surgeries Performed
- 1600 Eye Exams Performed
- 1300 Pairs of Glasses Dispensed
- 1000 Pairs of Sunglasses Dispensed
- 156 Patients given a year's supply of Glaucoma Medications

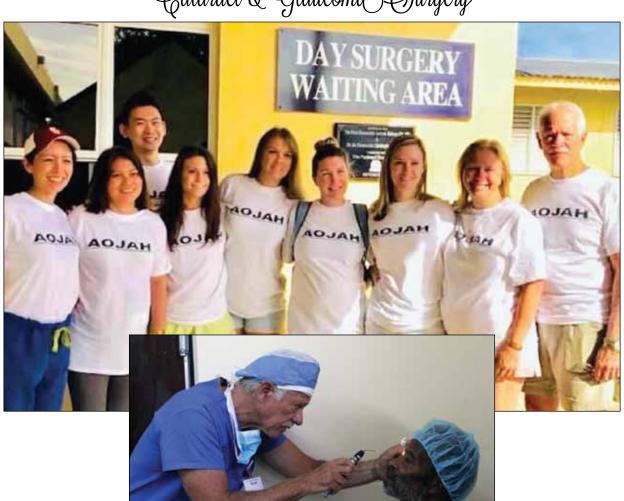








Cataract & Glaucoma Surgery



Laparoscopic Surgery



2018 Medical & Education Mission Volunteers



Physicians

Jeffrey Brettler Tina Chao

Alexander Hatsis Harleen Hayreh

Larry Hess

Janet Semple-Hess

Tracy Imley Holly Kim

Jeffrey Martin

Dean Matsuda Billy Pan

Yung-Mee Park Grace Richter

Gregory Saccone

Pediatric Emergency Fellow Julie Furness

Krysten Chin

Pharmacists

Heidi Better Nahid Bokaee Carolyn Cohen Elizabeth Oyekan

Virginia Zeitjian Medical Student

Tamandra Morgan

Optometrists

Jacqueline Armani

Maxwell Cheng

Chandra Kawewat

Susan Kim

John Shan Melissa 7hao

Optometry Students

Phoebe Chen

Katie Frese

Michelle Hammond

Maylea Li

Kristina Lin Jessica Nguyen Jessica Quach

Phoebe Tai

Amanda Thai

Amanda Tran

Caroline Tran

Janice Trang

Jessica Vu

Gulshan Karamchandani Registered Nurses

Tricia Davis

Enid Gbewonyo

JoAnn Hatsis

Juleen Hendricks

Flaine McGee

Andrea Murray

Angela Rosal-Gold

Licensed Vocational Nurse

Cartina Price

Jillian Walsh

Respiratory Therapist

Floyd Bailey

University Student

Jessica Asuquo

Ophthalmic Technician

Christine Hatsis

Liberty Canares

Dillon Keep

Megan Mulholland

Support Staff

Nancy Blackburn

Danielle Brettler

Kim Brettler

Lauren Brettler

Wilmot Gbewonyo

Charita Henry

Lois Henry

Rosalie Henry

Imogene (Cherry) Chin - Hsia

Hermin Hussen

Lillian Imlev

Andrew Kim

Pauline Morgan

Isabella Park

Maximillian Park

Owen Park

RN Educator

Dolores Greenwood

Education

Joan Henry

Coordinators

Gloria Blackburn

Joan Crawford





2017 Annual Gala































Annual Brunch



















2018 Golf Townament

Braemar Country Club WELCOME TO ACIAN'S ANNUAL CHARITY GOLF CLASSIC ACJAH ojah GOLF TOURNAMENT MAY 21, 2018 EMAR COUNTRY CLUB WELCOME TO

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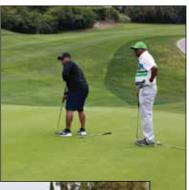
2018 Golf Tournament













33

Silver Sponsor – Kaiser Permanente Silver Sponsor – Pacific Mercantile Bank Silver Sponsor – Xerox Corporation **Band Sponsor – AOJAH Board of Directors**





2019 Futures Events

AOJAH's Holiday Feast & Food Distribution December 2018

AOJAH's Annual Spring Brunch & Food Drive MGM Banquet Hall, Glendale, California Sunday April 14, 2019

AOJAH's Annual Golf Braemar Country Club, Tarzana May, 2019

AOJAH's Medical, Eye & Education Mission, Jamaica Week of June 9th, 2019

> AOJAH's Health & Wellness Fair Fred Jordan Mission, Los Angeles September, 2019

AOJAH's Annual Fundraising Gala November, 2019 Members

Caren Adams Cheryl McLeod-Lawson

Amma Amihyia Roy Miller

Gloria Blackburn Mikiko Morgan

Donald Blackburn Pauline Morgan

Doreth Blackburn Steve Morgan

Michael Boucher Patricia Perry

Naomi Burton Benoy Pullukalayil

Imogene(Cherry) Chin-Hsai Renata Reid

Joan Crawford Roxanne Reid

Enid Gbewonyo Emma Rodriquez

Joan Ghanie Dr. Gregory Saccone

Rosalie Henry Maxwell Sinclair

Joan Henry Doreen Thompson

Dr. Larry Hess Dr. Ian Titus

Hermin Hussen Rosemary Wilson

Linda Johnson Susan Wong

Elaine McGee Patrick Wright

Neville McKnight Grace Young

Garth Miller Virginia Zeitjian

In Appreciation

We Thank all of our sponsors, members, friends and volunteers of AOJAH, for your continued support!

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Best wishes for continued success to



Alliance of Jamaican and American Humanitarians

We are pleased to support the tremendous efforts of this great organization. We commend the altruistic volunteers who strive to make the world a healthier and safer place.



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Support AOJAH's Monthly Meal Program

Your generous contributions will help fill the stomachs of homeless individuals in our downtown Skidrow area.

\$25 feeds 5 incividuals \$50 feeds 10 individuals \$75 feeds 15 individuals \$100 feeds 20 individuals

Let's not STOP there \$500 would feed many!



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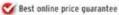


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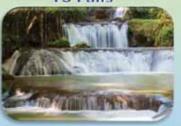
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You're a pillar of healthy communities that, thanks to you, is thriving more and more each day. Kaiser Permanente would like to offer our heartfelt congratulations for your honor.

kp.org/westlosangeles

